

April Lessons, Activities, and Resources

Hi all! I hope you're all doing well and staying safe. Ms. Leigh Ann, Ms. Lauren and I miss everyone so much and cannot wait until we all can be together again. Until then, I have put together some activities, tips, and resources to keep your families learning, laughing, and having fun!! –Ms. Paige

• Circle Time Songs

○ Days of the week (to the tune of the Addams Family theme)

“Days of the week (snap, snap)

Days of the week (snap, snap)

Days of the week, days of the week, days of the week (snap, snap)

There's Sunday and there's Monday

There's Tuesday and there's Wednesday

There's Thursday and there's Friday

And then there's Saturday

Days of the week (snap, snap)

Days of the week (snap, snap)

Days of the week, days of the week, days of the week (snap, snap)If yesterday was -----, what is today?”

○ 12 months

“There are 12 months, there are 12 months, there are 12 months in a year starting with January, February, March and April . . . then we have May and June, July and August too . . . then

we end with September, October, November and December which month are we in?"

• Letters

○ Letter T

- [Click here](#) to listen to the letter T song

○ Letter U

- [Click here](#) to listen to the letter U song

○ Letter V

- [Click here](#) to listen to the letter V song

○ Letter W

- [Click here](#) to listen to the letter W song

○ Rainbow Hop

- [Click here](#) to visit the website I where I found this activity.
- Write each letter of the alphabet on separate pieces of paper, lay the letters out in the shape of a rainbow. Instruct your child to hop from letter to letter, stopping on each letter to say its name and the sound it makes.



○ Daily letter/reading practice

- Point out letters throughout your home. If you have labeled jars in the kitchen, ask your child to identify the letters. If there's a magazine on your coffee table, ask your child to find the letter A in its title. If they have a blanket with their name on it, ask your child to identify each letter they see.
- When reading to your child, point to the letters in the title of the book. Pick out a word from the book you're reading that might be unknown to your child and make it the word of the day. Introduce the word prior to reading the story, define the word for them, and ask them to raise their hand or otherwise signal when they hear the word being read in the story.
- Before reading a story, ask your child to listen to the title, look at the pictures on the cover and make a prediction as to what they think the story is about. During the story, ask your child questions about the different characters in the story. Talk about the feelings of the characters during the story. After the story, ask your child to share their favorite part of the book.
- When practicing writing letters with your child, ask them what the name of the letter is and what sound it makes as they write it.
- Utilize free apps for children that specialize in letter and sound recognition.
- Use playdough to make the letters of your child's name.

• Other Skills

- Help your child learn their birthdate, address and at least one parent's phone number.
- Practice scissor skills! Pinterest has a lot of fun worksheets to use for cutting practice.

• Numbers

○ Car number matching

- [Click here](#) to find directions for this fun activity which provides practice for number matching, recognition, and counting! To make the activity tougher, call out a number and have your child find the corresponding car and drive it to the correct spot.



○ Number Toy Hunt

- [Click here](#) to visit the website where I found this activity.
- Write down numbers 1-10 on separate pieces of paper. On each paper draw circles that correspond to the number on the paper (the paper with 5 will have 5 circles). Instruct your child to go around the house and find as many similar items as is written on that paper (5 marbles for the paper with 5). If the item is small enough, the kids can put the object inside of the circle to show how many they already have and how many more items are needed.



Lily Pad Hop & Count

- [Click here](#) to find directions and printables for this activity.
- This is a super fun activity to practice counting, 1:1 number correspondence and get your child up and moving. For children that can easily recognize and count numbers 1-10, make it more challenging by working on 10-15 or 10-20.



o Daily Math Practice

- Make cleaning up fun! Say a number and encourage your child to clean up that number of toys (Clean up ten Legos, pick up three books, etc.)
- Workout together! Count jumping jacks, laps around the kitchen, push ups, sit ups, etc.
- Use blocks or Legos to make creations with a specific number of blocks/Legos used.
- Use blocks to make a tower. Count how many blocks are needed to make the tower taller than your child.
- Use snack time to practice math skills. Count how many blueberries are on the plate. Sort fruit snacks based on a similar attribute (color, shape, etc.) and ask which group has the most fruit snacks. Encourage your child to count out and eat three grapes.

- Earth Day (April 22)

Earth & Recycling Words

| | | | |
|--|--|---|---|
| Earth  | recycle  | water  | trash  |
| plastic  | paper  | glass  | newspaper  |
| can  | cardboard  | reduce  | reuse  |
| compost  | worm  | landfill  | sprout  |

- Reduce, Reuse, Recycle (To the tune of the Itsy-Bitsy Spider)
"Reduce, reuse, recycle,
These are words we know!
We have to save our planet
So we can live and grow.
We might be only children

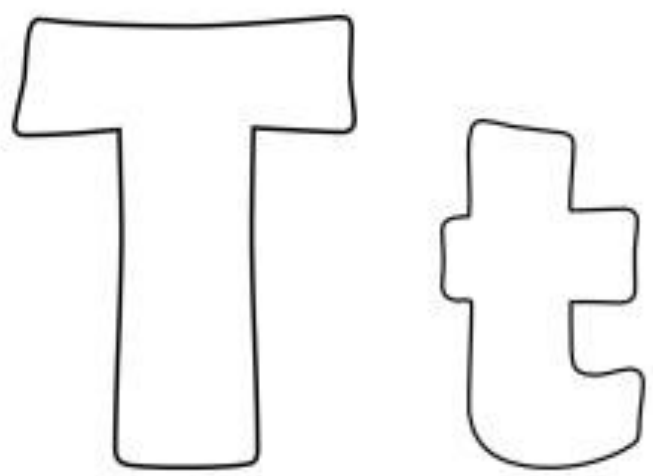
We have to try, you'll see
We will save our planet
It starts with you and me!"

- [Click here to watch](#) a quick video about recycling
- [Click here for a song](#) about saving the planet
- Enjoy some fresh air and go on a scavenger hunt in your backyard!

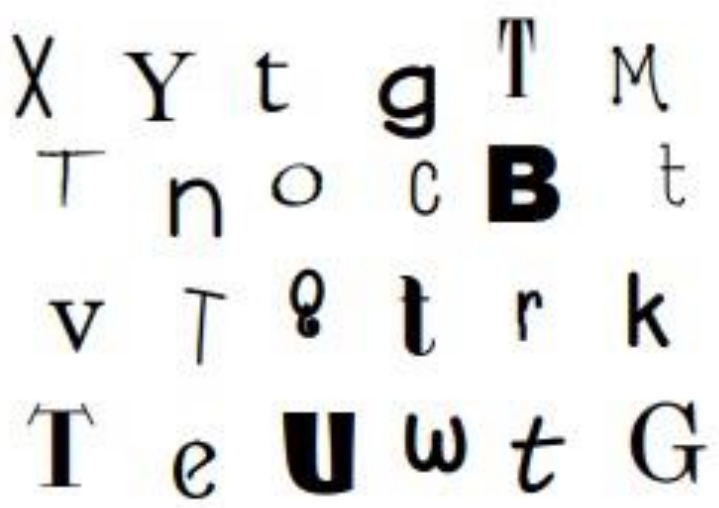
Outdoor Scavenger Hunt

- | | |
|--|---|
| <input type="checkbox"/> Two different types of leaves | <input type="checkbox"/> Pine needles |
| <input type="checkbox"/> Something prickly | <input type="checkbox"/> A type of weed |
| <input type="checkbox"/> A pinecone | <input type="checkbox"/> A rock |
| <input type="checkbox"/> Two different types of seeds | <input type="checkbox"/> A simple leaf |
| <input type="checkbox"/> A flower | <input type="checkbox"/> Something yellow |
| <input type="checkbox"/> Something smooth | <input type="checkbox"/> Something that makes noise |
| <input type="checkbox"/> Three clovers | <input type="checkbox"/> Something man-made |
| <input type="checkbox"/> A stick | <input type="checkbox"/> Something fuzzy |
| <input type="checkbox"/> A piece of mulch | <input type="checkbox"/> A compound leaf |
| <input type="checkbox"/> Something rough | <input type="checkbox"/> Something green |

Color the letters.

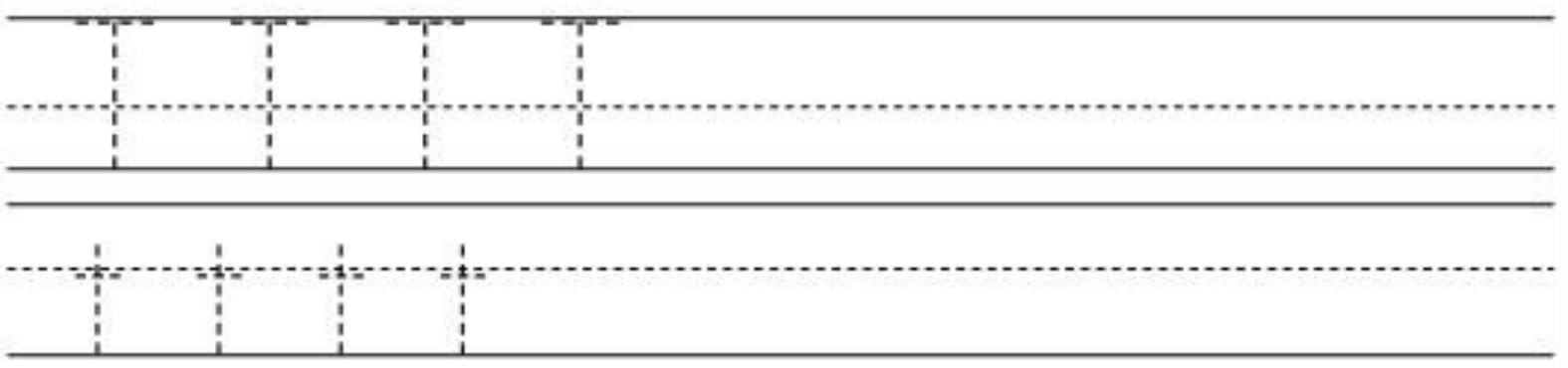


Circle the letter Tt.

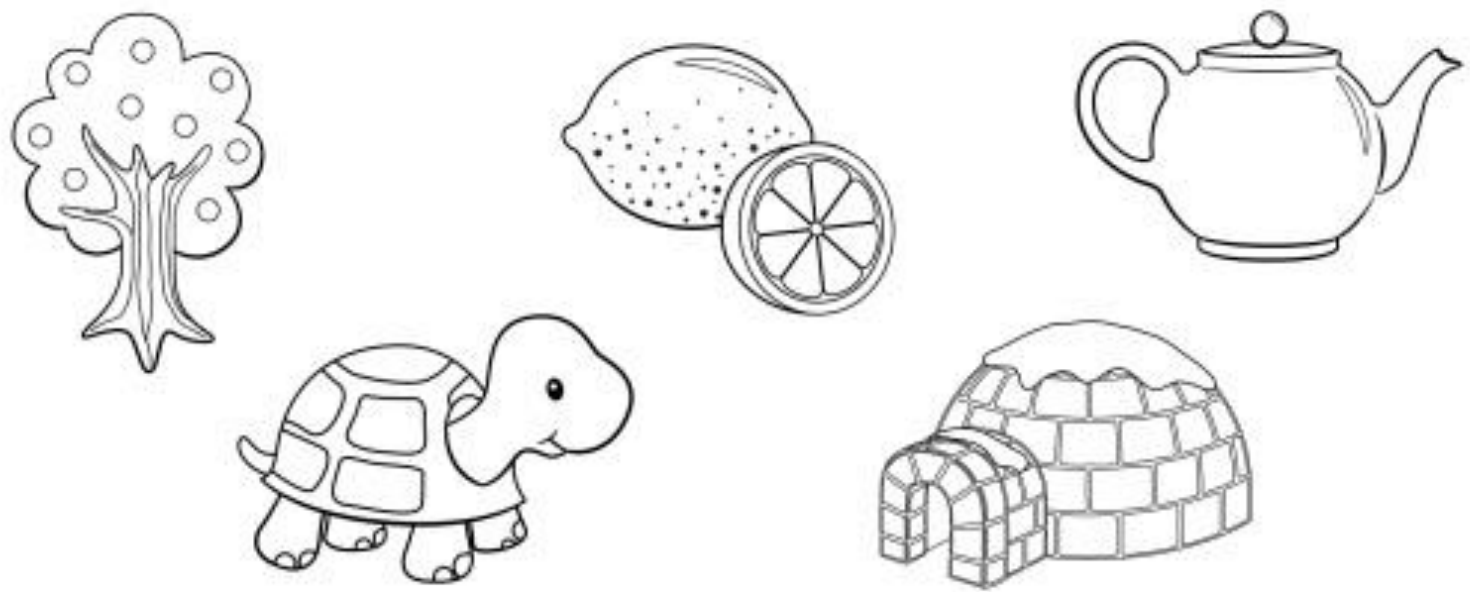


Trace the letters.

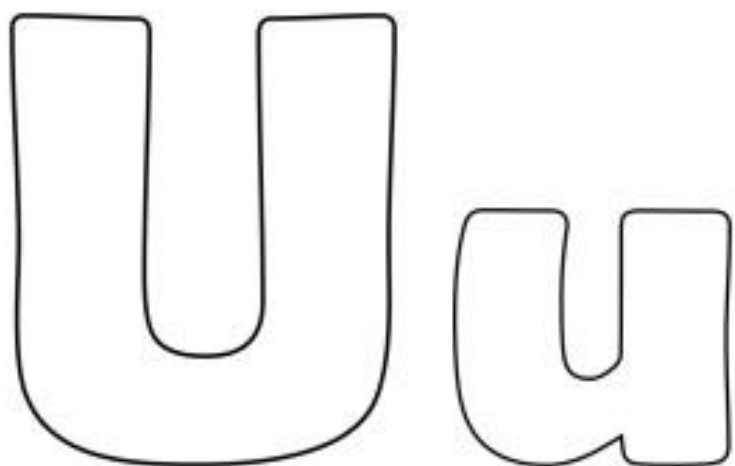
Write the letters.



Color the things that start with t.



Color the letters.

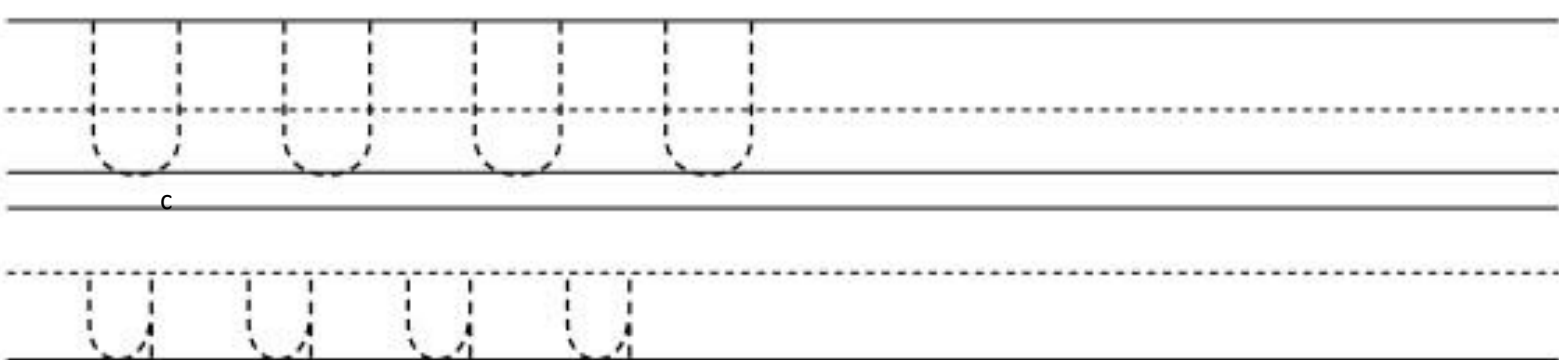


Circle the letter Uu.

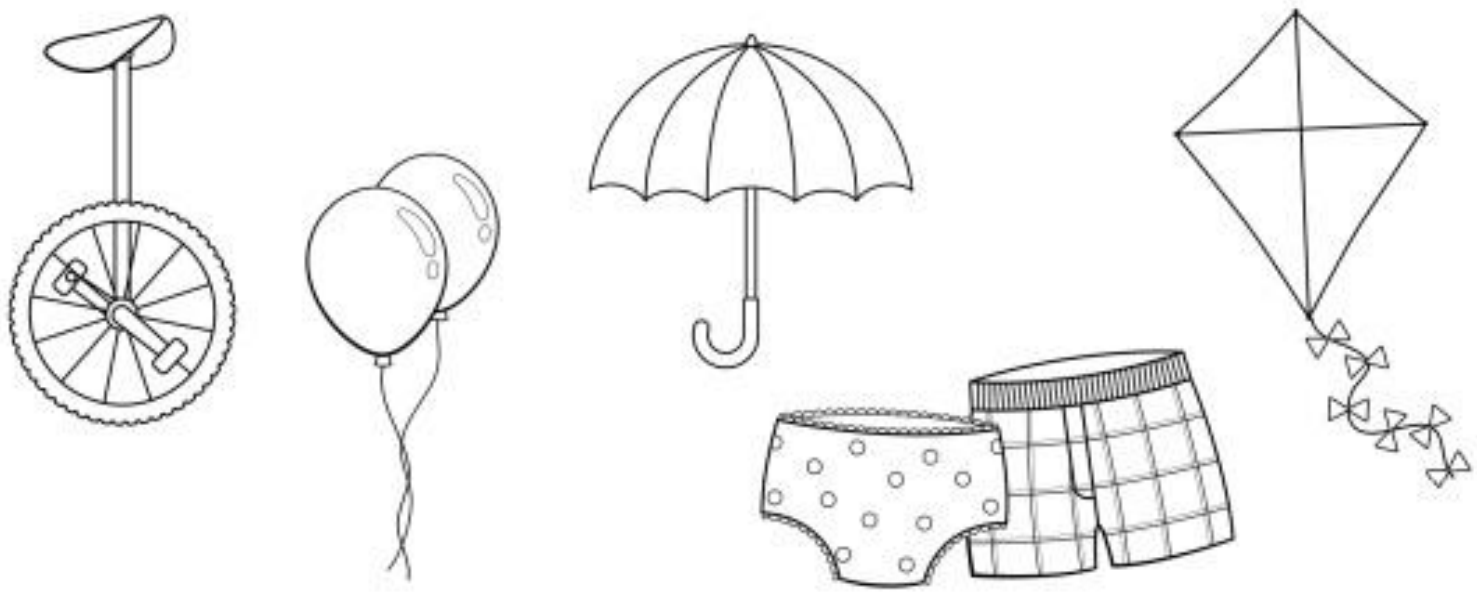


Trace the letters.

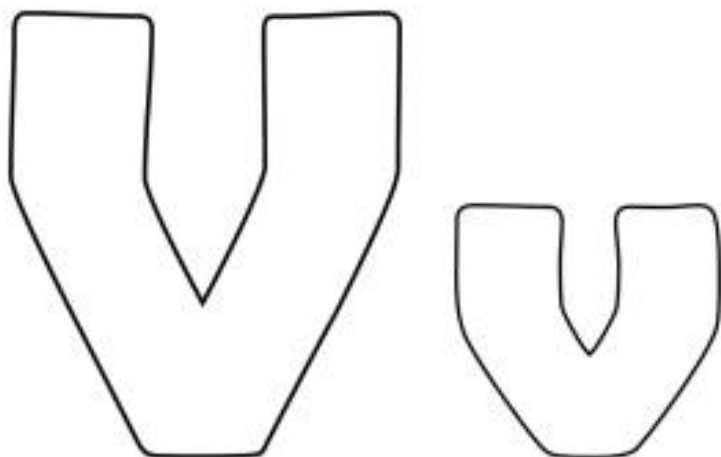
Write the letters.



Color the things that start with u.



Color the letters.

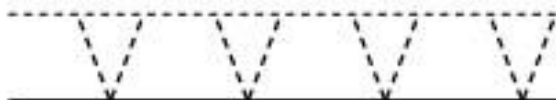
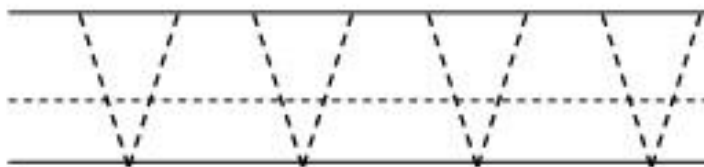


Circle the letter Vv.

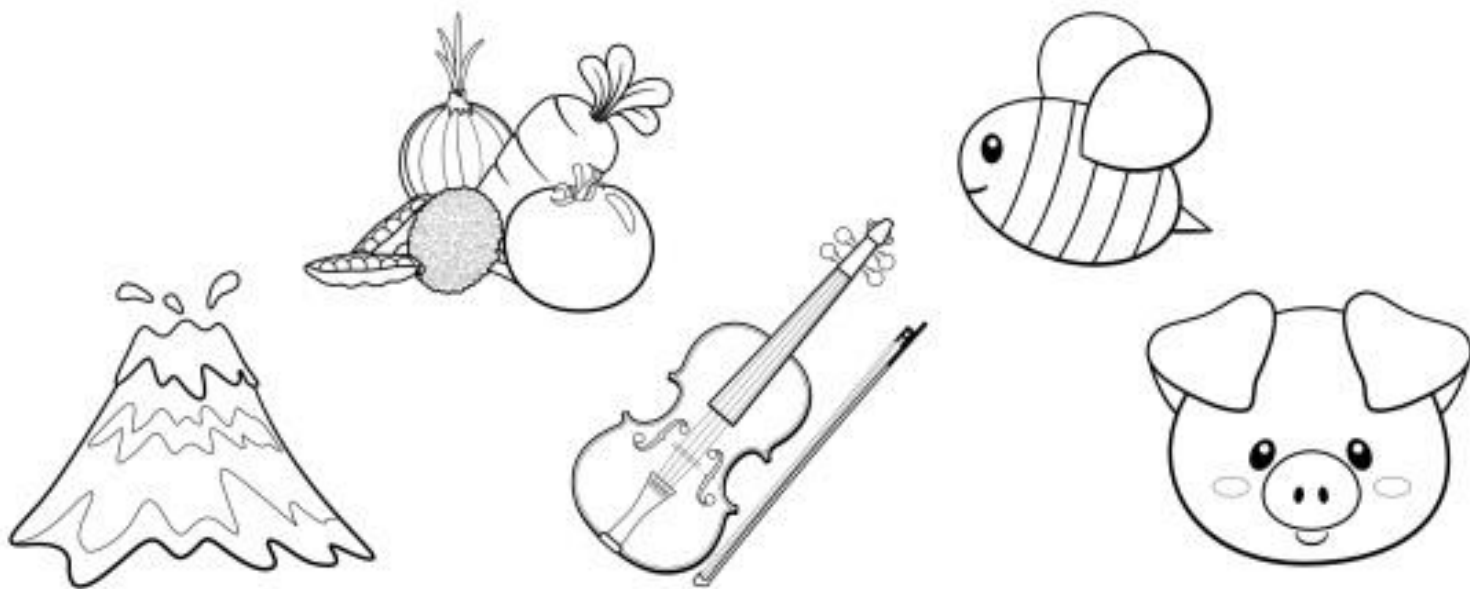


Trace the letters.

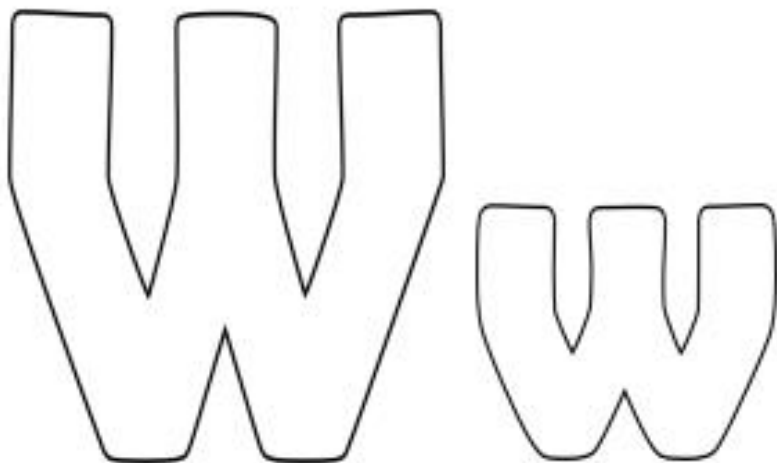
Write the letters.



Color the things that start with v.



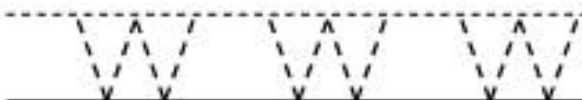
Color the letters.



Circle the letter Ww.

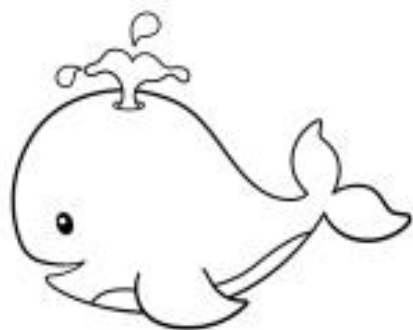


Trace the letters.



Write the letters.

Color the things that start with w.



what's Fit activity for kids your name!

SPELL OUT YOUR FULL NAME AND COMPLETE THE ACTIVITY LISTED FOR EACH LETTER. FOR A GREATER CHALLENGE INCLUDE YOUR MIDDLE NAME & DO EACH ONE TWICE! FOR VARIETY YOU CAN USE A FAVORITE CHARACTER'S NAME OR A FAMILY MEMBER'S NAME.

- | | |
|---|--|
| A jump up & down 10 times | N pick up a ball without using your hands |
| B spin around in a circle 5 times | O walk backwards 50 steps and skip back |
| C hop on one foot 5 times | P walk sideways 20 steps and hop back |
| D run to the nearest door and run back | Q crawl like a crab for a count of 10 |
| E walk like a bear for a count of 5 | R walk like a bear for a count of 5 |
| F do 3 cartwheels | S bend down and touch your toes 20 times |
| G do 10 jumping jacks | T pretend to pedal a bike with your hands for a count of 17 |
| H hop like a frog 8 times | U roll a ball using only your head |
| I balance on your left foot for a count of 10 | V flap your arms like a bird 25 times |
| J balance on your right foot for a count of 10 | W pretend to ride a horse for a count of 15 |
| K march like a toy soldier for a count of 12 | X try and touch the clouds for a count of 15 |
| L pretend to jump rope for a count of 20 | Y walk on your knees for a count of 10 |
| M do 3 somersaults | Z do 10 push-ups |

CONSULT A DOCTOR BEFORE STARTING AN EXERCISE PROGRAM - WWW.THEYSMELL.COM



10 Ways to Prepare Your Child for KINDERGARTEN



1. Read **books** everyday.
2. Develop **fine motor skills**: holding a pencil, coloring, cutting with scissors.
3. Print **first name** with *only* the first letter capitalized.
4. Learn to follow 2-step **instructions**: "Please go get your shoes and then put them on."
5. Use good **manners**: "Please" and "Thank You"
6. Talk about **social skills**: sharing, taking turns, positive words, talk about handling anger.
7. Help your child take **responsibility**: clean up messes, dress themselves, get their own snacks.
8. Practice **number recognition**. Count objects daily.
9. Practice **letter and sound recognition**. Practice saying the letters and their sounds every day.
10. Build **self-esteem**. Praise your child often because Kindergarten is hard!